



CITY OF NEW BEDFORD

JONATHAN F. MITCHELL, MAYOR

June 16, 2021

City Council President Joseph P. Lopes and
Honorable Members of the City Council
City of New Bedford
133 William Street
New Bedford, MA 02740

Dear Council President Lopes and Honorable Members of the City Council:

I am submitting for your approval the **APPOINTMENT** of **KELLEY CABRAL-MOSHER** of 472 Allen Street, New Bedford, Massachusetts to the **GREATER NEW BEDFORD REGIONAL REFUSE MANAGEMENT DISTRICT**. Ms. Cabral-Mosher will be replacing the late Kathleen P. Towers. This term will expire in June 2024.

Sincerely,

Jonathan F. Mitchell
Mayor

JFM/sds

cc: Kelley Cabral-Mosher
GNBR Refuse Management District



CITY OF NEW BEDFORD BOARD & COMMISSION APPLICATION

The Mayor is seeking citizens who wish to serve on City Boards and Commissions established to assist and advise the City on specific matters. Please complete this application in full (attach a resume and other information which may assist the Mayor and the City Council in making its selection) and file it with the Mayor's Office. The Mayor reserves the right to reject any application. Some appointments are subject to confirmation by the City Council.

Board/Commission applying for: (see reverse side) G.N.B Regional Refuse Management District

Name: Kelley Cabral-Mosher

Email: :

Home Telephone: 771-626-6666

Work Telephone: same

Residence Address: 472 Allen St. New Bedford, MA 02740

Zip: 02740

Present Occupation & Place of Employment: Psychotherapist & Professor Bridgewater State Univers

Educational Background: Bachelors in Sociology / Masters in Social Work

Memberships in Community Organizations or Professional Groups:

National Association of Social Workers, Food Justice Committee Southcoast MA,
Homeless Service Provider Network (past)

City Boards and/or Commissions on which you have previously served:

N/A

The reasons why you wish to be considered for appointment by the Mayor:

Please see attached.

Please detail specific areas of expertise:

Please see attached.

Please detail specific areas of interest:

Environmental effects, toxins, and recycling

Available for meetings in the daytime ☒ evenings ☐ both ☐ (check one)

Resident of the City since what year: 1993

Appointees and incumbents may be required to file a Statement of Economic Interest, as required by the City Council Rules or the Mayor. The statement may require a declaration that you have no interest in conflict with the City of New Bedford. Please return your completed application to the Mayor's Office, 133 William St., Room 311, New Bedford, MA 02740.

Applications will be kept on file for two years.

**I DECLARE UNDER PENALTY OF PERJURY THAT THE FOREGOING
INFORMATION IS TRUE AND CORRECT.**

Signature of Applicant: _____

Date: 6/3/21

Reasons why you wish to be considered for appointment by Mayor:

I believe in civic duty/civic involvement. It is important that we work together as a community for the greater good. I bring an array of community experience and perspective to support the process of how the region looks at the environment to support the overall health and well-being of our residents and earth.

Please detail specific areas of expertise:

I have been the coordinator of Mass in Motion New Bedford for 3 years working on supporting policies, systems, and environmental change. My studies in Social Work and teaching at Bridgewater State University have provided me with some knowledge in how communities are impacted by the environment. Policies in city government need to be monitored to support our communities.

Kelley L. Cabral-Mosher, MSW, LICSW
472 Allen Street
New Bedford, MA 02740

E-mail:

Phone:

EDUCATION

Bridgewater State University, Bridgewater, MA 2008

Masters in Social Work

Capstone Research Project - Homeless Heads of Households Experiences with Trauma and Service Needs

Clinical Internships: Clinician, Comprehensive Home-Based Services and Outpatient, Community Care Services, Inc.

School Outreach Worker, Dartmouth Elementary School

University Massachusetts Dartmouth, Dartmouth, MA 2003

Bachelor of Arts, Sociology Major – Social Service Emphasis

Gender, Race, and Ethnicity Focus

Independent Study: Substance Abuse and Women

PROFESSIONAL LISCENSES, CERTIFICATES, TRAINING, and PUBLISHED & PUBLIC SPEAKING:

Licensed Independent Clinical Social Worker (LICSW)	Current
Higher Love Summit presented by Elevate Southcoast	2021
Mindfulness and Meditation Teacher Training Certificate	2020
Rhys Thomas Institute, Life Mastery & Energy Medicine Training Program	2020
Elevate: An Exploration of Mindfulness Summit	2019
Published Author – written piece for “If Only I Knew Then What I Know Now”: Women’s Stories of Discovery (In Your Own Words Women) (Volume 1)	2018
Mindfulness and Acceptance Commitment Therapy – Boston University of School of Social Work	2018
Mindfulness Based Stress Reduction 8-week Course Certificate	2016
This Could Never Happen to Me, <i>Motivational Speaker</i>	2014
Trauma Training	2014
Brown University Center for Alcohol & Addiction Studies – Cognitive Behavioral Therapy Course	2011
Women’s Institute for Housing and Economic Development <i>Economic Empowerment Program Curriculum: Training of Trainers Certificate</i>	1998

EXPERIENCE

Visiting Professor – Bridgewater State University
Social Work Department – Graduate Program

Fall 2020 – Present

Co-Founder/Co-Director – Elevate Southcoast

Present

The mission of *Elevate Southcoast* is to empower people to harness their innate capacity for happiness, wholeness and health by creating spaces for connection, learning, and exploration

www.elevatesouthcoast.com

Grant Coordinator/Consultant – City of New Bedford

Mass in Motion is a statewide movement that promotes opportunities for healthy eating and active living in the places people live, learn, work and play. **July 2018 - Present**

Mass in Motion communities work locally to make healthier choices easier for everyone by addressing policy, systems, and environments and their roots causes such as health inequity, racism, and social determinants of health by:

- Increasing access to local fresh foods through farmers markets and community gardens, and working with food retailers to offer healthy, affordable food and drink options
- Building and expanding open spaces, safer parks, playgrounds and other places to be active
- Creating safe neighborhoods with new sidewalks, bike lanes, walkable paths that make roads safe for all users

Holistic Psychotherapist

Freedom Wellness & Counseling – Private Practice
www.freedomwellnessandcounseling.com

July 2014 – Present

Herren Project – Online Spousal Support Group
<https://herrenproject.org/spousal-support-group/>

2017 – 2021

The Bridge: A Center for Hope & Healing

Aug. 2017 – Aug. 2018**Program Director**

H.O.P.E. Collaborative/Safe & Successful Youth Initiative

Aug. 2016 – March 2017

The Massachusetts Shannon Community Safety Initiative and the Safe & Successful Youth Initiative are grants that provide funds to the City of New Bedford to combat gang violence by working with at-risk and proven risk youth ages 10-24 years of age. Programs work collaboratively with law enforcement, public schools, and local community agencies.

Grant implementation, direct oversight, and fiscal monitoring of state initiatives.

Clinical Program Manager

H.O.P.E. Collaborative

Oct. 2015 – Aug. 2016

The H.O.P.E. Service Corp program was a Massachusetts Shannon Community Safety Initiative to reduce gang violence across the Commonwealth. The HSC Program services youth ages 10-18 by identifying them through collaboration and referrals with the City's schools and local providers. Youth are referred that present with a number of risk factors which put them at greater risk of becoming gang involved. Supported Program Director with developing necessary documentation for both the Shannon Community Safety Initiative and Safe and Successful Youth Initiative programs.

Provided oversight, supervision, and clinical coordination of services to at risk youth in the City of New Bedford.

Senior Clinician**July 2012 – June 2016**

Community Substance Abuse Center (CSAC) (previously Highpoint)

Individual and group counseling services to individual seeking medically assisted treatment (methadone) for their addiction to opiates

Participated in Management Team with increased supervisory duties

Clinical supervision provided to bachelor's level counselors as well as masters level and licensed eligible staff

Coordinated and facilitated Young Persons Program ages 18-29

Clinician**March 2010 – July 2012**

Highpoint Treatment Center (CSAC)

Provided individual and group counseling services to individual seeking medically assisted treatment (methadone) for their addiction to opiates

Counseling modalities used but not limited to Substance Abuse Education, Cognitive-Behavioral Therapy, Solution-Focused Therapy, & Brief Therapy coming from a Strength-Based Perspective focusing on shifts in thinking from negative to positive

Provided clinical supervision to counselors

NON-PROFIT ORGANIZATION AND COMMUNITY EXPERIENCE

Dartmouth High School

Assistant Field Hockey Coach**2017 - 2020**

St. Julie's Christian Youth Organization & Burgo Summer League Basketball

Youth Basketball Coach**2013 – 2018**

New Bedford Public Schools - McKinney-Vento Program

Community Collaborative Consultant**2010 – 2012**

Community Care Services, Inc. - Housing Assistance Program

Service Coordinator, Assistant Program Director, and Program Director**2002 – 2010**

Eliot Community Human Services - Adolescent Bridge Home

Program Manager**2001 – 2002**

YWCA of Southeastern Massachusetts - Reunion House

Case Manager**1998 – 2001**

Center for Health and Human Services –

HIV/AIDS Prevention, Education, and Outreach

Community Outreach Educator**1992 – 1998****MEMBERSHIPS**

National Association of Social Workers (NASW)

Current

Food Justice Committee Southcoast Massachusetts

Current

Believe Inspire Grow (B.I.G.)

Past

Homeless Service Provider Network for the City of New Bedford

Past

- *Active Member 16 years, Active Executive Committee Member 9 years, Served as Vice Chair 2 years, and Served as Clerk 4 years*